## Comfortland CK-686 Post-Op ROM Hip Instructions

Before using this device please read the following instructions completely and carefully, and also carefully follow any instruction sgiven by your physiscian. Correct use is vital to the proper functioning of this device.

## Indications:

- Arthoplasty
- •Hip displasia-anterior or posterior
- Hip revisions and surgeries
- Post-op and pre-op

## Instructions:

 The waist belt is designed to fit sizes small to 4XL. To adjust simply remove each side of belt from its Velcro tab on back panel, cut or fold to desired size, and reattach to Velcro tab on back panel. (Fig. A)
 Once belt is adjusted wrap belt around waist and secure with thumb pulls as shown. (Fig. B)
 With belt positioned, align hip attachment with patient hip. (Fig. C)
 Attach velcro tabs on hip attachment to

4. Attach velcro tabs on hip attachment waist belt. (Fig. D)

5. Thread pull string through opening at top of hip shell for better compression and fit. (Fig. E)
6.Loosen bolt on thigh support and position support and cuff as needed, then tighten bolt back down. (Fig F.)
7. Loosen bolt on back side of ball joint, and adjust to accommodate patient hip and maintain leg in midline. (Fig G)

8. Adjust range of motion by loosening small bolt above ball joint assembly, then set flexion and extension tabs to desired settings, and then tighten bolt back to fix range of motion. (Fig. H)
9. Secure cuff to patient leg by wrapping strap around and use hook and loop end to secure. If necessary strap can be shortened and trimmed to fit. (Fig. I)
10. Finish adjustment by readjusting and then securing thumb pulls on waist belt. (Fig. J)

## CLEANING INSTRUCTIONS

Surfaces and parts may be cleaned by damp cloth using mild soap and water. Air dry only.

Do not washine wash or dry, bleach, iron or dry clean.





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